



**WEEKLY
Risk Assessment Form**

Name of Club	WIRRAL COMMUNITY POLICE BOXING CLUB
Venue	Station Road Little Sutton
Name and position of person doing check	Peter Phelan
Date	18/9/23

GYM SPACE	
The floor is clean, has a non-slip surface and is free from obstacles and hazards	Yes
Equipment is not in a hazardous position or blocking entry / exit points.	Yes
Space is appropriate for the activity and number of participants.	Yes
Lighting and heating are sufficient.	Yes
Comments / actions taken or required:	

RING	
Ropes, rope ties and turnbuckles in good repair & ropes securely fastened and not frayed	Yes
Underlay in good repair and of sufficient thickness as stated in the rules and regulations	Yes
Canvas is tight, smooth and with no rips or tears.	Yes
Comments / actions taken or required:	

GYM EQUIPMENT	
Sufficient space around equipment for it to be used safely.	Yes
Punch bags are sufficiently padded to not cause hand damage i.e., no 'hard spots'	Yes
Bag chains and fastenings are securely tightened and in good repair with no broken links or bent fastenings	Yes
Mats have no tears or rips.	Yes
Skipping ropes have secure handles and are in good condition.	Yes
Weights – stands, bars and collars are all in good condition with secure collars and no damage to welds	Yes
Aerobic equipment (bikes, cross trainers etc) is maintained in accordance with manufacturer's recommendations	Yes
Comments / actions taken or required:	

EMERGENCY PROCEDURES AND FIRST AID	
A working telephone is available.	Yes
Emergency access points are checked and operational.	Yes
A fully equipped first aid kit is available at all sessions.	Yes
There is an accident / incident book in place and accessible in which injuries other than minor training injuries are logged	Yes

Signed: *P.Phelan*.....

Name: PETER PHELAN.....

Date: 18/9/23.....