

# Residential Handbook 2023

# Residential – staying on ‘The House’

- In our school we have provision where students can sleep over and enjoy activities after school and you get to spend time with your friends.
- You can stay one or two nights every week after school, a letter would be sent home to ask permission and staff will speak to your parents and carers.
- If you do not want to sleep over you are welcome to stay for afterschool clubs and for tea, your parents/carers would collect you afterwards.

# What will I need to bring with me?

## Residential Stays

Just a reminder of the items your child requires for overnight stays

### Toiletries:

deodorant ,toothpaste and toothbrush, Shampoo, shower gel or soap

Sanitary wear (if applicable)

A coat/jacket

Appropriate footwear

A suitable change of clothes for activities

Pyjamas/nightwear

Any prescribed medication

We supply swimwear, towels, bedding and we launder all uniforms overnight. However pupils may bring in their own items should they wish to.

We do not allow mobile phones, any electrical or internet enabled devices or expensive items/ toys to be brought into residence for safeguarding and security reasons.



# Respect for others

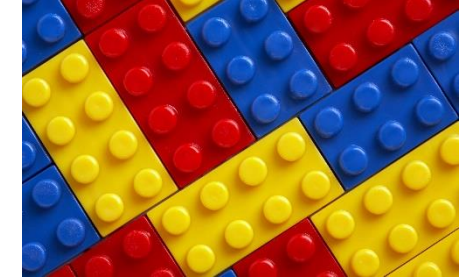
- **Learning about Respect in Residence.**
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- *Respect* is being careful and thoughtful with other people. People show respect with kind words and actions. Respect helps everyone feel welcome, comfortable and safe.
- Care Staff and Night Awake show respect in residence. Here are some examples:
- *Respect* is using kind words and actions.
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- *Respect* is carefully helping another student.
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- *Respect* is sharing.
- *Respect* is being careful and thoughtful with other people. In residence, respect helps everyone to feel welcome, comfortable and safe.

# Meet the staff.

- Mrs Leader
  - Miss Martin
  - Mrs Teese
  - Mr Hormbrey
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- Are the staff who will stay and look after you when you stay on the house.

# Afterschool club and activities

These are some of the things that we do afterschool



- Sports hall- e.g., circus equipment, basketball, dodge ball, football, team games curling,
- Crafts- e.g., clay, painting, crystal art, colouring in .
- The next few weeks we will be starting to make use of the CDT and cookery rooms when needed on the darker nights.
- Karaoke
- Imaginative play, dressing up
- Lego
- Chess
- Movie night
- Board games, jig saws
- Swimming
- Woodland walks
- Parks
- Beach/ crabbing
- Cycling/ scooters
- Games room
- Educational visits- fire station
- End of term trips- bowling, meals out, laser quest, cinema
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# Staying for tea.

- If we stay for food after school we will eat together in the dinner hall.
- Sometimes as a treat we even get pizza or a takeaway!



# The living room

- This is a place that we will relax and do activities together
- We will have supper and breakfast and snacks here.





# Sleeping over.

- This is one of the rooms that you will sleep in and put your things in.
- Not all of the rooms have a shower but some do.



# The Bungalow

This is our living room where you will relax and do activities on an evening and have supper.



This is the kitchen where you can learn how to prepare your own snacks and sometimes meals.



# The Bungalow

**The utility room is where we can learn independent skills like washing, drying and ironing our own clothes.**



**This is one of our bedrooms where you will sleep.**



# Going for a bath or shower.

Before I leave my room to go for a bath  
I need to take



Towel



Shower gel



Pyjamas



sponge / flannel



# What time do I go to bed?

- We all know that we need a good nights sleep as we are happier the next day!
- KS2 go to bed at 8:30 pm
- Y7 go to bed at 9pm
- Y8 go to bed at 9:15pm
- Y9 go to bed at 9:30pm



# Evening Routine summary.

## Evening Routine

### After School

- At 2.40pm pupils arrive from school and go to rooms to get changed for After school clubs/residence

### Changing out of Uniform

- Once changed they will have a drink and a snack before choosing to Either go out side to play football, go on the swing or play imaginative games such as cops and robbers. They also have the choice of the games room, laptop room or they can play cards, chess, do some coloring crafts or simply relax and watch TV whilst a member of staff checks Arbor for handover Observations from our pupils T.A, s.

### Evening Meal time

- At 4.20pm the children will all finish what they are doing and go to wash their hands ready for tea at 4.30pm. Tea generally finishes between 5.15pm-5.30pm

### Evening Activities

- Once back in Ash pupils will be asked what they would like to do for the evening activity and once decided we will leave site on the mini bus and return back once the activity has finished and this is usually at 7.30 when pupils attending After school clubs are collected by parents/carer's

### Shower Time

- Pupils staying in residence will at this point go to their areas to shower or have a bath and will meet back in Ash for Supper and to watch a film Before going to their bedroom to settle and read a book or listen to their radio before going to sleep

### Bedtimes are dependent on year group.

- KS2 -8.30  
Yr. 7 - 9pm  
Yr. 8 - 9.15pm  
Yr. 9 – 9.30pm

